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### **Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE) for the early diagnosis of dementia across a variety of healthcare settings**

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## **Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE) for the early diagnosis of dementia across a variety of healthcare settings (Review)**

Harrison JK, Stott DJ, McShane R, Noel-Storr AH, Swann-Price RS, Quinn TJ

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# Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE) for the early diagnosis of dementia across a variety of healthcare settings

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## ABSTRACT

### Background

The Informant Questionnaire for Cognitive Decline in the Elderly (IQCODE) is a structured interview based on informant responses that is used to assess for possible dementia. IQCODE has been used for retrospective or contemporaneous assessment of cognitive decline. There is considerable interest in tests that may identify those at future risk of developing dementia. Assessing a population free of dementia for the prospective development of dementia is an approach often used in studies of dementia biomarkers. In theory, questionnaire-based assessments, such as IQCODE, could be used in a similar way, assessing for dementia that is diagnosed on a later (delayed) assessment.

### Objectives

To determine the diagnostic accuracy of IQCODE in a population free from dementia for the delayed diagnosis of dementia (test accuracy with delayed verification study design).

### Search methods

We searched these sources on 16 January 2016: ALOIS (Cochrane Dementia and Cognitive Improvement Group), MEDLINE Ovid SP, Embase Ovid SP, PsycINFO Ovid SP, BIOSIS Previews on Thomson Reuters Web of Science, Web of Science Core Collection (includes Conference Proceedings Citation Index) on Thomson Reuters Web of Science, CINAHL EBSCOhost, and LILACS BIREME. We also searched sources specific to diagnostic test accuracy: MEDION (Universities of Maastricht and Leuven); DARE (Database of Abstracts of Reviews of Effects, in the Cochrane Library); HTA Database (Health Technology Assessment Database, in the Cochrane Library), and ARIF (Birmingham University). We checked reference lists of included studies and reviews, used searches of included studies in PubMed to track related articles, and contacted research groups conducting work on IQCODE for dementia diagnosis to try to find additional studies. We developed a sensitive search strategy; search terms were designed to cover key concepts using several different approaches run in parallel, and included terms relating to cognitive tests, cognitive screening, and dementia. We used standardised database subject headings, such as MeSH terms (in MEDLINE) and other standardised headings (controlled vocabulary) in other databases, as appropriate.

## Selection criteria

We selected studies that included a population free from dementia at baseline, who were assessed with the IQCODE and subsequently assessed for the development of dementia over time. The implication was that at the time of testing, the individual had a cognitive problem sufficient to result in an abnormal IQCODE score (defined by the study authors), but not yet meeting dementia diagnostic criteria.

## Data collection and analysis

We screened all titles generated by the electronic database searches, and reviewed abstracts of all potentially relevant studies. Two assessors independently checked the full papers for eligibility and extracted data. We determined quality assessment (risk of bias and applicability) using the QUADAS-2 tool, and reported quality using the STARDdem tool.

## Main results

From 85 papers describing IQCODE, we included three papers, representing data from 626 individuals. Of this total, 22% (N = 135/626) were excluded because of prevalent dementia. There was substantial attrition; 47% (N = 295) of the study population received reference standard assessment at first follow-up (three to six months) and 28% (N = 174) received reference standard assessment at final follow-up (one to three years). Prevalence of dementia ranged from 12% to 26% at first follow-up and 16% to 35% at final follow-up.

The three studies were considered to be too heterogenous to combine, so we did not perform meta-analyses to describe summary estimates of interest. Included patients were poststroke (two papers) and hip fracture (one paper). The IQCODE was used at three thresholds of positivity (higher than 3.0, higher than 3.12 and higher than 3.3) to predict those at risk of a future diagnosis of dementia. Using a cut-off of 3.0, IQCODE had a sensitivity of 0.75 (95%CI 0.51 to 0.91) and a specificity of 0.46 (95%CI 0.34 to 0.59) at one year following stroke. Using a cut-off of 3.12, the IQCODE had a sensitivity of 0.80 (95%CI 0.44 to 0.97) and specificity of 0.53 (95%CI 0.41 to 0.65) for the clinical diagnosis of dementia at six months after hip fracture. Using a cut-off of 3.3, the IQCODE had a sensitivity of 0.84 (95%CI 0.68 to 0.94) and a specificity of 0.87 (95%CI 0.76 to 0.94) for the clinical diagnosis of dementia at one year after stroke.

In general, the IQCODE was sensitive for identification of those who would develop dementia, but lacked specificity. Methods for both excluding prevalent dementia at baseline and assessing for the development of dementia were varied, and had the potential to introduce bias.

## Authors' conclusions

Included studies were heterogenous, recruited from specialist settings, and had potential biases. The studies identified did not allow us to make specific recommendations on the use of the IQCODE for the future diagnosis of dementia in clinical practice. The included studies highlighted the challenges of delayed verification dementia research, with issues around prevalent dementia assessment, loss to follow-up over time, and test non-completion potentially limiting the studies. Future research should recognise these issues and have explicit protocols for dealing with them.

## PLAIN LANGUAGE SUMMARY

### Using a structured questionnaire (the IQCODE) to detect individuals who may go on to develop dementia

#### Background

Accurately identifying people with dementia is an area of public and professional concern. Dementia is often not diagnosed until late in the disease, and this may limit timely access to appropriate health and social support. There is a growing interest in tests that detect dementia at an early stage, before symptoms have become problematic or noticeable. One way to do this is to test a person and then re-assess them over time to see if they have developed dementia.

Our review focused on the accuracy of a questionnaire-based assessment for dementia, called the IQCODE (Informant Questionnaire for Cognitive Decline in the Elderly). We described whether the initial IQCODE score can identify people who will develop dementia months or years after their first IQCODE assessment.

We searched electronic databases of published research studies, looking for all studies that looked at IQCODE and a later diagnosis of dementia. We searched from the first available papers in scientific databases up to and including January 2016.

## Study characteristics

We found three relevant studies, all of which were carried out in specific hospital settings. Two papers only included patients with acute stroke, and the other included those who had sustained a hip fracture. The papers differed in many other ways, so we were unable to estimate a summary of their combined results. In general, a 'positive' IQCODE picked up patients who would go on to develop dementia (good sensitivity), but mislabelled a number who did not develop dementia (poor specificity). We cannot make recommendations for current practice, based on the studies we reviewed.

## Quality of the evidence

The included studies demonstrated some of the challenges of research that follows people at risk of dementia over time. Not all the studies had a robust method of ensuring that none of the included participants had dementia at the start of the study, and that only new cases were identified. Similarly, many of the participants included at the start of the study were not available for re-assessment, due to death or other illness.

The review was performed by a team based in research centres in the UK (Glasgow, Edinburgh, Oxford). We had no external funding specific to this study, and we have no conflicts of interest that may have influenced our assessment of the research data.

## BACKGROUND

Dementia is a substantial and growing public health concern (Herbert 2013; Prince 2013). Depending on the case definition used, contemporary estimates of dementia prevalence in the United States are in the range of 2.5 to 4.5 million individuals. Changes in population demographics will be accompanied by increases in global dementia incidence and prevalence. Although the magnitude of the increase in prevalent dementia is debated, there is no doubt that absolute numbers of older adults with dementia will increase substantially in the short to medium-term future (Ferri 2005).

A diagnosis of dementia requires both cognitive and functional decline. A syndrome of cognitive problems beyond those expected for age and education, but not sufficient to impact on daily activities is also recognised. This possible intermediate state between normal cognitive ageing and pathological change is often labelled as mild cognitive impairment (MCI) or cognitive impairment, no dementia (CIND), although a variety of other terms are also used. For consistency, we use the term MCI throughout this review. A proportion of individuals with MCI will develop a clinical dementia state over time (estimated at 10% to 15% of MCI individuals annually), while others will improve or remain stable. All definitions of this 'pre-dementia' state are based on key criteria of changes in cognition (subjective or reported by an informant) with objective cognitive impairment, but preserved functional ability.

A key element of effective management in dementia is early, robust diagnosis. Recent guidelines place emphasis on very early diagnosis to facilitate improved management, and to allow informed discussions and planning with patients and carers (Cordell 2013).

An early or unprompted assessment paradigm needs to distinguish early pathological change from normal states. Diagnosis of early dementia or MCI is especially challenging. It is important to recognise those who will progress to dementia, as identification of this group may allow for targeted intervention. However, at present, there is no accepted method for determining prognosis.

The ideal would be expert, multidisciplinary assessment, informed by various supplementary investigations (neuropsychology, neuroimaging or other biomarkers). This approach is only really feasible in a specialist memory service and is not suited to population screening or case-finding.

In practice, a two-stage process is often used, with initial triage assessments that are suitable for use by non-specialists used to select those patients who require further detailed assessment (Boustani 2003). Various tools for initial cognitive screening have been described (Brodaty 2002; Folstein 1975; Galvin 2005). Regardless of the methods used, there is room for improvement, as observational work suggests that many patients with dementia are not diagnosed (Chodosh 2004; Valcour 2000).

The initial assessment often takes the form of brief, direct cognitive testing. Such an approach will only provide a snapshot of cognitive function. However, a defining feature of dementia is cognitive or neuropsychological change over time. Patients themselves may struggle to make an objective assessment of personal change, and so an attractive approach is to question collateral sources with sufficient knowledge of the patient. These informant-based interviews aim to retrospectively assess change in function. An instrument that is prevalent in research and clinical practice, particularly in Europe, is the Informant Questionnaire for Cognitive Decline in

the Elderly (IQCODE) with questionnaire-based interviews. This screening or triage tool is the focus of this review (Jorm 2004).

Traditional assessment tools for cognitive problems have defined threshold scores that differentiate individuals likely to have dementia from those with no dementia. As dementia is a progressive, neurodegenerative disease, a population with cognitive problems will have a range of test scores. Individuals with a pre-dementia state, MCI, or indeed early dementia, may have screening test scores that although not at a threshold suggestive of dementia, are still abnormal for age. It seems plausible that a subthreshold score on a screening test such as IQCODE could be predictive of future dementia states, and so could be used to target those individuals who may need follow-up or further investigation. This paradigm of using an outcome of delayed verification of a dementia state is commonly used in studies of the diagnostic properties of dementia biomarkers, but theoretically, can be applied to direct or informant-based assessment scales.

This review focused on the use of the IQCODE in individuals without a firm clinical diagnosis of dementia, and assessed the accuracy of IQCODE scores for delayed verification of a diagnosis of dementia after a period of prospective follow-up.

## Target condition being diagnosed

The target condition for this diagnostic test accuracy review was the development of all cause dementia (incident clinical diagnosis). Dementia is a syndrome characterised by cognitive or neuropsychological decline, sufficient to interfere with usual functioning. The neurodegeneration and clinical manifestations of dementia are progressive.

Dementia remains a clinical diagnosis, based on history from the patient and suitable collateral sources, and direct examination, including cognitive assessment. There is no universally accepted, ante-mortem, gold standard diagnostic strategy. We have chosen expert clinical diagnosis as our gold standard (reference standard), as we believe this is most in keeping with current diagnostic criteria and best practice.

A diagnosis of dementia can be made according to various internationally accepted diagnostic criteria, with exemplars being the World Health Organization International Classification of Diseases (ICD) and the American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders (DSM) for all cause dementia and subtypes. The label of dementia encompasses varying pathologies, of which Alzheimer's disease is the most common. Diagnostic criteria are available for specific dementia subtypes, that is, the National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA) criteria for Alzheimer's dementia (McKhann 1984; McKhann 2011); the McKeith criteria for Lewy Body dementia (McKeith 2005); the Lund criteria

for frontotemporal dementias (McKhann 2001); and the NINDS-AIREN criteria for vascular dementia (Roman 1993).

We examined delayed verification of dementia, and so we have described the properties of a standard, initial assessment (the IQCODE) for detection of problems earlier in the disease journey than frank dementia. Thus, our outcome of interest for this review is a confirmed diagnosis at a point in time later than the initial IQCODE testing. We did not pre-specify a minimum or maximum length of follow-up.

A proportion of participants included in relevant studies were likely to have MCI, that is, cognitive problems beyond those expected for age and education but not sufficient to impact on daily activities. The usual research definition of MCI is that described by Petersen (Peterson 2004); and various subtypes have been proposed within the rubric of MCI. We collated information on MCI described using any validated criteria, however, the focus of the review was not IQCODE for the contemporaneous diagnosis of MCI, but rather IQCODE for a future diagnosis of dementia. These two constructs are related but not synonymous, as only a proportion of individuals with MCI will develop dementia.

## Index test(s)

Our index test was the Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE (Jorm 1988)).

The IQCODE was originally described as a 26-item informant questionnaire that sought to retrospectively ascertain change in cognitive and functional performance over a 10-year time period. IQCODE was designed as a brief screen for potential dementia, usually administered as a questionnaire given to the relevant proxy. For each item, the chosen proxy scores change on a five-point ordinal hierarchical scale, with responses ranging from 1: 'has become much better' to 5: 'has become much worse'. This gives a sum score of 26 to 130 that can be averaged by the total number of completed items, to give a final score of 1.0 to 5.0, where higher scores indicate greater decline.

First described in 1989, use of the IQCODE is prevalent in both clinical practice and research. A literature describing the properties of IQCODE is available, including studies of non-English IQCODE translations, studies in specific patient populations, and modifications to the original 26-item direct informant interview (Isella 2002; Jorm 1989; Jorm 2004). Versions of the IQCODE have been produced in other languages including: Chinese, Dutch, Finnish, French, Canadian French, German, Italian, Japanese, Korean, Norwegian, Polish, Spanish, and Thai ([www.anu.edu.au/iqcode/](http://www.anu.edu.au/iqcode/)). A shortened 16-item version is also available; this modified IQCODE is common in clinical practice and has been recommended as the preferred IQCODE format (Jorm 2004). Further modifications to the IQCODE are described, including fewer items and assessment over shorter time periods. Our analysis included all versions of IQCODE, but results for original and modified scales were not pooled. In this review, the term IQCODE

refers to the original 26-item English language questionnaire as described by Jorm. Other versions of IQCODE are described according to the number of items and administration language (that is, a 16-item IQCODE for Spanish speakers is described as IQCODE-16 Spanish).

In the original IQCODE development and validation work, normative data were described, with a total score higher than 93 or an average score higher than 3.31 indicative of cognitive impairment (Jorm 2004). There is no consensus on the optimal threshold and certainly no guidance on the use of subthreshold IQCODE scores for delayed verification. In setting thresholds for any diagnostic test, there is a trade-off between sensitivity and specificity, with the preferred values partly determined by the purpose of the test. This review completes a suite of Cochrane reviews describing the test accuracy of IQCODE in various health care contexts (Harrison 2014; Harrison 2015; Quinn 2014).

## Clinical pathway

Dementia develops over a trajectory of several years and screening tests may be performed at different stages in the dementia pathway. In this review, we considered any use of IQCODE as an initial assessment for cognitive decline, and we did not limit studies to a particular healthcare setting. We operationalised the various settings where the IQCODE may be used as secondary care, primary care, and community.

In secondary care settings, individuals would have been referred for expert input, but not exclusively due to memory complaints. Opportunistic screening of adults presenting as unscheduled admissions to hospitals would be an exemplar secondary care pathway. The rubric of secondary care also included individuals referred to dementia and memory specific services. This population would have had a high prevalence of cognitive disorders and mimics. More individuals would have had a greater degree of prior cognitive assessment than in other settings, but cognitive testing was not always performed prior to memory service referral (Menon 2011).

In the general practice and primary care setting, the individual self-presented to a non-specialist service because of subjective memory complaints. Previous cognitive testing was unlikely, but prevalence would be reasonably high. Using IQCODE in this setting could be described as triage or case-finding. In the community setting, the cohort was largely unselected and the approach may be described as population screening.

The IQCODE delayed verification approach recognises that in any of these settings or pathways, there will be a population who do not yet have a cognitive syndrome that would warrant a dementia label, but who nonetheless may progress to a frank dementia state. If IQCODE has delayed verification utility, this population may score less than expected on initial IQCODE assessment.

The IQCODE is not a diagnostic tool and was not designed to be used as such. Rather, IQCODE would often be used as part

of an initial assessment, and based on test scores, more detailed assessment may be required. However, in order to quantify the test accuracy of the IQCODE, it was necessary to evaluate it as a diagnostic test, against a gold standard of clinical diagnosis.

IQCODE is often used, and may have particular utility, as an initial assessment in a group of individuals considered to be at risk of having or developing dementia. Here, the role of IQCODE is identifying those who may need further detailed assessment or follow-up. Although this description does not fulfil all the established criteria to be considered a screening test (Wilson 1968), we used the term 'screening' in this review as a descriptor of this early triage assessment.

## Alternative test(s)

Several other dementia screening and assessment tools have been described, for example, Folstein's mini-mental state examination (MMSE; Folstein 1975). These performance-based measures for cognitive screening all rely on comparing single or multi-domain cognitive testing against population-specific normative data.

Other informant interviews are also available. For example, the AD-8 is an eight-question tool that requires dichotomous responses (yes or no) and tests for perceived changes in memory, problem solving, orientation, and daily activities (Galvin 2005). For this review, we focused on papers that described IQCODE diagnostic properties; we did not consider other cognitive screening or assessment tools. Our IQCODE diagnostic test accuracy studies form part of a larger body of work by the Cochrane Dementia and Cognitive Improvement Group that describes test properties of all commonly used assessment tools (Appendix 1).

## Rationale

There is no consensus on the optimal initial assessment for dementia, and choice is currently dictated by experience with a particular instrument, time constraints, and training. A better understanding of the diagnostic properties of various strategies would allow for an informed approach to testing. Critical evaluation of the evidence base for screening tests or other diagnostic markers is of major importance. Without a robust synthesis of the available information, there is the risk that future research, clinical practice, and policy will be built on erroneous assumptions about diagnostic validity.

This review forms part of a body of work that describes the diagnostic properties of commonly used dementia tools. At present, we are conducting single test reviews and meta-analyses. However, the intention is then to collate these data by performing an overview, that will allow comparison of various test strategies.

## OBJECTIVES



To determine the diagnostic accuracy of the informant-based questionnaire IQCODE in a population free from dementia, for the delayed diagnosis of dementia.

## Secondary objectives

Where data were available, we planned to describe the following:

1. The delayed verification diagnostic accuracy of IQCODE at various thresholds. We recognise that various thresholds or cut-off scores have been used to define IQCODE screen-positive states, and thus various subthreshold cut-points could be used to describe individuals with cognitive problems not diagnostic of dementia. We did not pre-specify IQCODE cut-points of interest, rather we collected delayed verification test accuracy data for all cut-points described in the primary papers.

2. Effects of heterogeneity on the reported diagnostic accuracy of IQCODE for delayed verification dementia (see below).

Items of specific interest included case-mix of population, IQCODE test format, time since index test, and healthcare setting.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

In this review we looked at the properties of IQCODE for diagnosis of the dementia state on prospective follow-up, that is, investigating whether a certain score on IQCODE, that may or may not be below the normal threshold, in a population free of dementia at baseline assessment, is associated with the development of dementia over a period of follow-up. The implication was that at the time of testing, the individual had a cognitive problem sufficient to be picked up on screening, but not yet meeting diagnostic criteria for dementia. We described this paradigm as 'delayed verification' diagnostic test accuracy. Other Cochrane reviews covered IQCODE for contemporaneous diagnosis of dementia ([Harrison 2014](#); [Harrison 2015](#); [Quinn 2014](#)).

We anticipated that the majority of studies would be performed in secondary care settings. We included test studies performed in other healthcare settings, and classified these as primary care or community.

We did not include case-control studies, since they are known to potentially overestimate properties of a test.

We did not include case studies or samples with very small numbers (for the purposes of this review, fewer than 10 participants), but described them in the table of excluded studies.

There may be cases where settings were mixed, for example, a population study 'enriched' with additional cases from primary care. If available, we considered separate data for patients from each setting. If these data were not available, we treated these studies as case-control studies, and did not include them in this review.

#### Participants

All adults (aged over 18 years) and with no formal diagnosis of dementia were eligible.

We did not predefine exclusion criteria relating to the case-mix of the population studied, but assessed this aspect of the study as part of our assessment of heterogeneity. Where there was concern that the participants were not representative, we explored this at study level, using the 'Risk of bias' assessment framework, outlined below.

#### Index tests

Studies had to include (not necessarily exclusively) IQCODE as an informant questionnaire for delayed verification.

IQCODE has been translated into a number of languages to facilitate international administration ([Isella 2002](#)). The properties of a translated IQCODE in a cohort of non-English speakers may differ from properties of the original English language questionnaire. We collected data on the principal language used for IQCODE assessment.

For this review, we did not consider other cognitive screening or assessment tools. Where a paper described the IQCODE with an in-study comparison against another screening tool, we included the IQCODE data only. Where IQCODE was used in combination with another cognitive screening tool, we included the IQCODE data only.

#### Target conditions

We included any clinical diagnosis of all cause (unspecified) dementia. Defining a particular dementia subtype was not required, although, where available, these data were recorded.

#### Reference standards

Our reference standard was a clinical diagnosis of incident dementia. We recognise that clinical diagnosis itself has a degree of variability, but this is not unique to dementia studies and does not invalidate the basic diagnostic test accuracy approach. We also recognise the lack of an agreed 'gold standard' reference for dementia, but believe a clinical reference is most relevant to the review topic, and in keeping with current best practice in dementia accuracy research.

For our primary analysis, clinical diagnosis, we included all cause (unspecified) dementia, using any recognised diagnostic criteria (for example ICD-10, DSM-IV). A diagnosis of dementia may

specify a pathological subtype; we included all common dementia subtypes (for example, NINCDS-ADRDA, Lund-Manchester, McKeith, NINCDS-AIREN). We did not define preferred diagnostic criteria for rarer forms of dementia (for example, alcohol-related, HIV-related, prion disease-related), and we considered them under our rubric of 'all cause' dementia, rather than separately. Clinicians may use imaging, pathology, or other data to aid diagnosis, however, we did not include diagnoses based only on these data, without a corresponding clinical assessment. We recognise that different iterations of diagnostic criteria may not be directly comparable, and that diagnoses may vary with the degree or manner in which the criteria have been operationalised (for example, individual clinician versus algorithm versus consensus determination); we collected data on the method and application of the diagnosis of dementia for each study, and explored potential effects as part of our assessment of risk of bias and generalisability. Use of other (brief) direct performance tests in isolation were not an acceptable method for diagnosis.

We recognise that the diagnosis of dementia often comprises a degree of informant assessment. Thus there was potential for incorporation bias. We explored the potential effects of this bias through our 'Risk of bias' assessment.

## Search methods for identification of studies

We used a variety of information sources to ensure that we included all relevant studies. We devised terms for electronic database searching in conjunction with the Information Specialist at the Cochrane Dementia and Cognitive Improvement Group. As part of a body of work looking at cognitive assessment tools, we created a sensitive search strategy designed to capture papers about dementia test accuracy. We then assessed the output of the searches to select those papers that could be pertinent to IQCODE, with further selection for directly relevant papers, and those papers with a delayed-verification methodology.

## Electronic searches

We searched ALOIS, the specialised register of the Cochrane Dementia and Cognitive Improvement Group (which includes both intervention and diagnostic accuracy studies), MEDLINE OvidSP, Embase OvidSP, PsycINFO OvidSP, BIOSIS Previews on Thomson Reuters Web of Science, Web of Science Core Collection (includes Conference Proceedings Citation Index) on Thomson Reuters Web of Science, CINAHL EBSCOhost, and LILACS BIREME. See Appendix 2 and Appendix 3 for the strategies run. The original search date was 28 January 2013, with an updated search performed on 16 January 2016.

We also searched sources specific to diagnostic accuracy and healthcare research assessment on 16 January 2016:

- MEDION database (Meta-analyses van Diagnostisch Onderzoek: [www.mediondatabase.nl](http://www.mediondatabase.nl));

- DARE (Database of Abstracts of Reviews of Effects in the Cochrane Library);
- HTA Database (Health Technology Assessment Database in the Cochrane Library);
- ARIF database (Aggressive Research Intelligence Facility: [www.arif.bham.ac.uk](http://www.arif.bham.ac.uk)).

We applied no language or date restrictions to the electronic searches and used translation services as necessary.

A single researcher (ANS), with extensive experience of systematic reviews from the Cochrane Dementia and Cognitive Improvement Group, performed the initial screening of the search results. All subsequent searches of titles, abstracts, and papers were performed independently by paired assessors (TJQ, JKH & RSP).

## Searching other resources

**Grey literature:** We identified grey literature by searching conference proceedings, theses, or PhD abstracts in Embase, the Web of Science Core Collection, and other databases already specified. **Handsearching:** We did not perform handsearching. The evidence for the benefits of handsearching are not well defined, and we noted that a study specific to diagnostic accuracy studies suggested little additional benefit of handsearching above a robust initial search strategy ([Glanville 2012](#)).

**Reference lists:** We checked the reference lists of all included studies and reviews in the field for further possible titles, and repeated the process until we found no new titles ([Greenhalgh 1997](#)).

**Correspondence:** We contacted research groups who have published or are conducting work on IQCODE for the diagnosis of dementia, informed by results of the initial search.

We searched for studies in PubMed, using the 'related article' feature. We examined key studies in citation databases of Science Citation Index and Scopus to identify any further studies that could potentially be included.

## Data collection and analysis

### Selection of studies

The original search was done for the programme of reviews in 2013. One review author (ANS) screened all titles generated by the initial electronic database searches for relevance. The initial search was a sensitive, generic search, designed to include all potential dementia screening tools. Two review authors (ANS, TJQ) selected titles potentially relevant to IQCODE. Two authors in the IQCODE review group (TJQ, PF) independently conducted further review and selection from the long list. We reviewed potential IQCODE-related titles, assessing all eligible studies as abstracts, and assessed potentially relevant studies as full manuscripts against our inclusion criteria. We resolved disagreement by discussion, with

the potential to involve a third review author (DJS) as arbiter, if necessary. We adopted a hierarchical approach to exclusion, first excluding on the basis of index test and reference standard, and then on the basis of sample size and study data. A focused update search was performed in 2016, which sought to identify only IQCODE studies with a delayed verification design. Two review authors (TJQ, JKH) independently reviewed potential IQCODE-related titles from this update, assessed the abstracts of all potentially relevant studies, and the full manuscripts of eligible studies against the inclusion criteria. We resolved disagreement by discussion, with the potential to involve a third review author (DJS) as arbiter if necessary.

Both in the original search and the update, where a study may have included useable data but these were not presented in the published manuscript, or the data presented could not be extracted to a standard two-by-two table, we contacted the authors directly to request further information or source data. If authors did not respond, or if the data were not available, we did not include the study (labelled as 'data not suitable for analysis' on the study flowchart). If the same data set was presented in more than one paper, we included the primary paper. We detailed the study selection process in a PRISMA flow diagram.

### Data extraction and management

We extracted data to a study-specific pro forma that included clinical and demographic details of the participants, details of the setting, details of IQCODE administration, and details of the dementia diagnosis process.

Test accuracy data were extracted to a standard two-by-two table. Two review authors (TJQ, JKH) independently extracted data. The review authors were based in different centres and were blinded to each other's data until extraction was complete. We then compared and discussed data pro formas with reference to the original papers, resolving disagreements in data extraction by discussion, with the potential to involve a third review author (DJS) as arbiter if necessary.

For each included paper, we detailed the flow of participants (numbers recruited, included, assessed) in a flow diagram.

### Assessment of methodological quality

As well as describing test accuracy, an important goal of the diagnostic test accuracy (DTA) process is to improve study design and reporting in dementia diagnostic studies. For this reason, we assessed both methodological and reporting quality, using two complementary processes.

We assessed the quality of study reporting using the dementia-specific extension to the Standards for the Reporting of Diagnostic Accuracy studies (STARD-dem) checklist (Noel-Storr 2014; Appendix 4).

We assessed the methodological quality of each study, using the Quality Assessment tool for Diagnostic Accuracy Studies

(QUADAS-2) tool ([www.bris.ac.uk/quadas/quadas-2](http://www.bris.ac.uk/quadas/quadas-2)). This tool incorporates domains specific to patient selection, index test, reference standard, and participant flow. Each domain is assessed for risk of bias, and the first three domains are also assessed for applicability. Operational definitions describing the use of QUADAS-2 are detailed in Appendix 5. To create QUADAS-2 anchoring statements specific to studies of dementia test accuracy, we convened a multidisciplinary review of various test accuracy studies with a dementia reference standard (Davis 2013; Appendix 6).

Paired, independent raters (TJQ and JKH), blinded to each other's scores, performed both assessments. We resolved disagreements by further review and discussion, with the potential to involve a third review author (DJS) as arbiter if necessary.

We did not use QUADAS-2 data to form a summary quality score, but rather, we chose to present a narrative summary that described studies that found high, low, or unclear risk of bias or concerns regarding applicability, with corresponding tabular and graphical displays.

### Statistical analysis and data synthesis

We were principally interested in the test accuracy of IQCODE for the delayed diagnosis of dementia using a dichotomous variable, 'dementia' or 'no dementia'. Thus, we applied the current DTA framework for analysis of a single test and fitted the extracted data to a standard two-by-two data table showing binary test results cross-classified with a binary reference standard. We repeated this process for each IQCODE threshold score described. We further repeated the process for each assessment where the reference standard was assessed at more than one follow-up.

Where data allowed, we used Review Manager 5.3 (RevMan 2014) to calculate sensitivity, specificity, and their 95% confidence intervals (CIs) from the two-by-two tables abstracted from the included studies, or using data supplied from authors. The delayed verification nature of the included studies added a further level of complexity as a proportion of individuals recruited at baseline may be lost to subsequent review, and the delayed verification assessment may be performed at varying times from the initial IQCODE assessment. In the first instance, we applied the usual DTA framework, describing common reference time points and performing no imputation or adjustment for any drop-outs that might have occurred. We acknowledge that such a reduction in the data may represent a significant oversimplification.

We presented data graphically, using forest plots to allow basic visual inspection and comparison of individual studies. Standard forest plots with graphical representation of summary estimates are not suited to quantitative synthesis of DTA data. If data allowed, we had planned to calculate summary estimates of test accuracy. In our protocol, we pre-specified that we would consider meta-analyses if more than three studies with suitable data were available. We planned to use the bivariate approach to give summary estimates of test accuracy at common thresholds and common

time points, and to use the HSROC model to explore differing thresholds across studies.

### Investigations of heterogeneity

Heterogeneity is to be expected in DTA reviews, and we did not perform formal analysis to quantify heterogeneity.

We included IQCODE studies that spanned various settings and offered a narrative review of all studies. We presented basic test accuracy statistics across all studies, and we assessed test accuracy at the various follow-up periods and thresholds described in the included studies.

In our protocol, we detailed planned assessments of heterogeneity relating to age, case mix, clinical criteria for diagnosing dementia, technical features of the testing strategy, and other factors specific to the delayed verification analysis. These analyses were not possible with the data in this review.

### Sensitivity analyses

In our protocol, we specified certain sensitivity analyses to explore the sensitivity of any summary accuracy estimates to aspects of study quality, such as nature of blinding and loss to follow-up, guided by the anchoring statements developed in our QUADAS-2 exercise. These analyses were not possible with the data in this review.

Due to the potential for bias, we pre-specified that case-control data were not included.

### Assessment of reporting bias

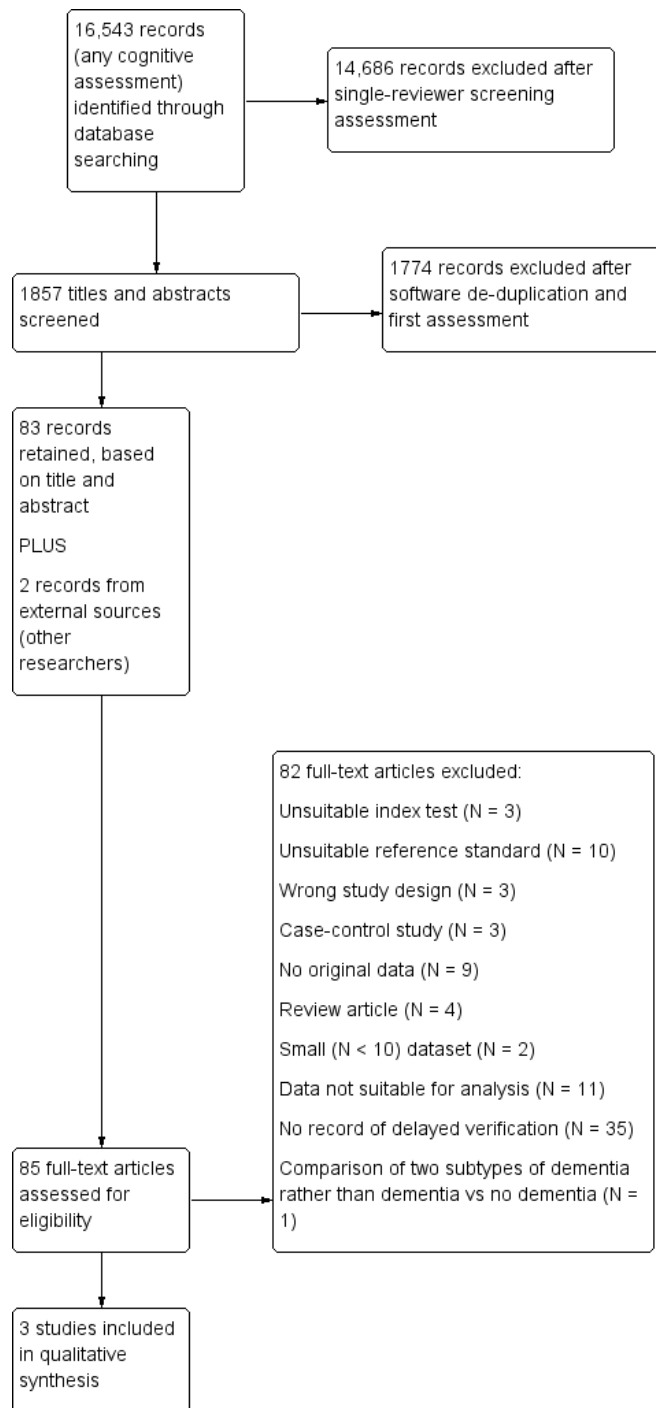
Reporting bias was not investigated because of current uncertainty about how it operates in test accuracy studies and in the interpretation of existing analytical tools, such as the funnel plot.

## RESULTS

### Results of the search

Our search identified 16,543 citations, from which we identified 85 full-text papers for potential eligibility. We excluded 82 papers ([Figure 1](#)). Reasons for exclusion were: no IQCODE data or unsuitable IQCODE data, small numbers (< 10) of included participants, no clinical diagnosis of dementia, repeat data sets, data not suitable for analysis (described in more detail in [Selection of studies](#)), no data regarding delayed verification, wrong study design, and case-control design (see [Characteristics of excluded studies](#)).

**Figure 1. Study flow diagram.**

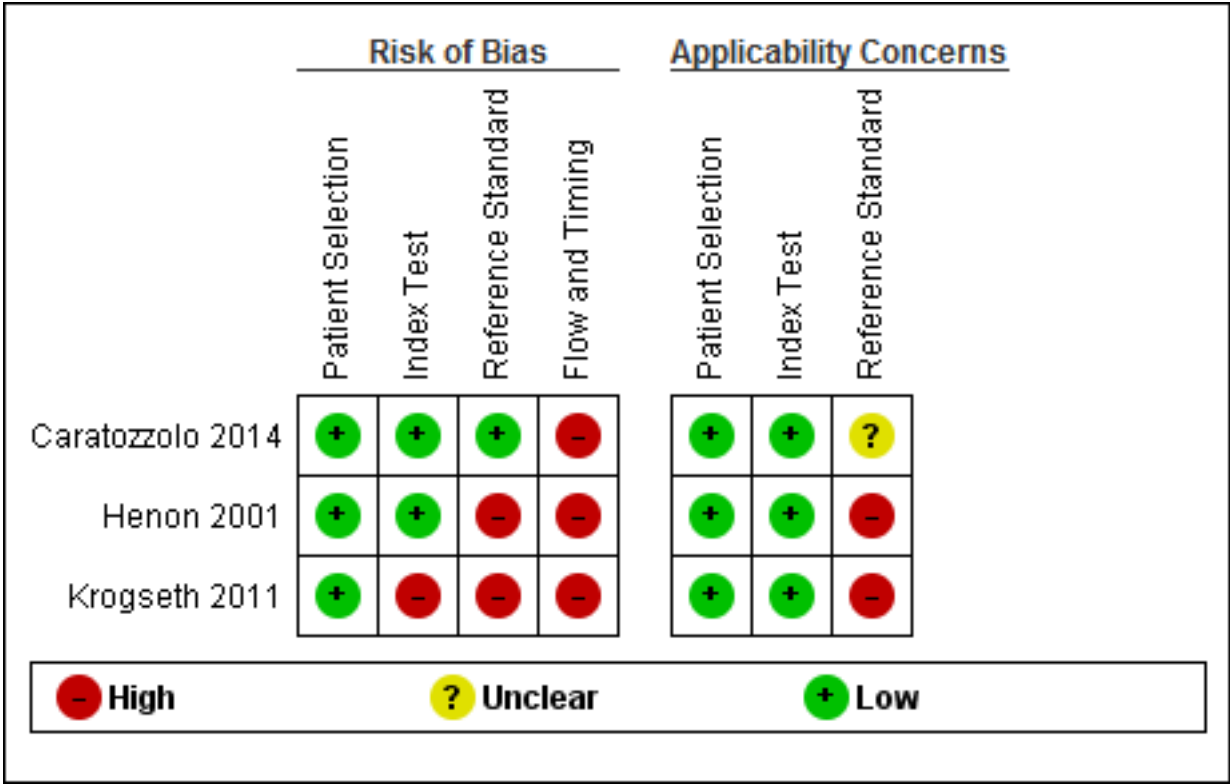


Eight studies required translation. We contacted 19 authors to provide useable data, 16 of whom responded (see [Acknowledgements](#)). This review includes three studies, N = 626 participants ([Summary of findings 1](#)). None of the included studies were described as primary delayed verification studies, and the original papers did not have an exclusive delayed verification accuracy focus. We obtained additional data from all three author groups in correspondence to facilitate inclusion in the review.

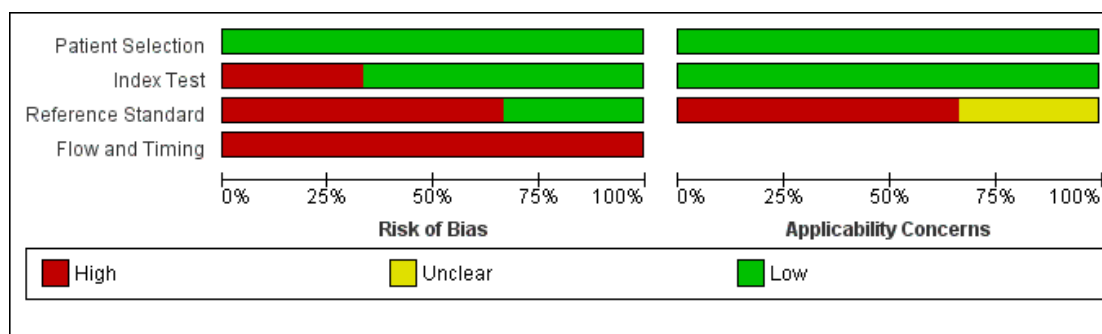
### Methodological quality of included studies

We described the risk of bias using the QUADAS-2 methodology (Appendix 5), and we assessed reporting quality with STARDdem (Appendix 7); our anchoring statements for the IQCODE are summarised in Appendix 6. We did not rate any study as having low risk of bias for all the categories of QUADAS-2 ([Figure 2](#); [Figure 3](#)).

**Figure 2. Risk of bias and applicability concerns summary: review authors’ judgements about each domain for each included study**



**Figure 3. Risk of bias and applicability concerns graph: review authors' judgements about each domain presented as percentages across included studies**



### Patient selection/sampling

All studies were at low risk of bias for patient selection, based on our pre-defined anchoring statements. All three were of cohort design and avoided inappropriate exclusions. One study sought a consecutive sample of admissions (Henon 2001). However, all studies excluded those who did not have an informant to complete the IQCODE assessment, and all excluded those who had pre-existing dementia, thus, none recruited a consecutive sample of admissions.

In all three studies, we felt there was low concern about the applicability of the findings to the populations under study. Two studies were conducted in the acute stroke unit setting (Caratozzolo 2014; Henon 2001), and the final one was conducted on admissions for acute hip fracture (Krogseth 2011), both of which were considered common in-patient secondary care populations. This grading does not suggest that results from these studies in specialist areas could be extrapolated to an unselected population of older adults.

All studies used a method of excluding prevalent dementia, 22% (N = 135/626) of the total were assessed to have pre-stroke or pre-fracture dementia. The methods for reaching this diagnosis varied. In Krogseth 2011, determination of pre-fracture dementia was based on a review of the patient's medical records, including prior cognitive testing, brain imaging, or both. This was combined with their IQCODE, MMSE, and Clock-Drawing Test scores (Agrell 1998), and presented to two specialists who determined if the individual met DSM-IV criteria for dementia. In Caratozzolo 2014, pre-stroke dementia was defined by having an existing diagnosis of dementia using DSM-IV criteria. In Henon 2001, pre-stroke dementia was defined as having an IQCODE score of 104 or greater, which equates to a score of 4.0.

### IQCODE (index test) application

One study was considered to be at high risk of bias in index test application, as the threshold used to define test positivity was not pre-

specified, and was based on the baseline characteristics of recruited participants (Krogseth 2011). In the other two studies, IQCODE positivity was pre-specified at higher than 3.3 (Caratozzolo 2014), and 3.0 (Henon 2001), respectively. This assessment was difficult to operationalise for our delayed verification focus, where there was no guidance on an appropriate IQCODE threshold. For all three studies, there was low concern about the applicability of the conduct or interpretation of the index test.

### Dementia diagnosis (reference standard) application

Two studies were at high risk of bias in the use of the reference standard (Henon 2001; Krogseth 2011). Henon 2001 reached a reference standard diagnosis in a diagnostic case conference forum. However, not all included participants received the same reference standard, and where participants were not assessed, the index test was used to determine the reference standard. Krogseth 2011 used the results of the index test to inform the creation of the reference standard diagnosis.

Caratozzolo 2014 was at low risk of bias in this domain, as the reference standard diagnosis was made by clinicians blinded to the results of the index test. However, the method for reference standard assessment was not described in the study abstract, and thus the applicability was graded as unclear. In subsequent correspondence with the author team, the method used was based on the Itel-MMSE (Metitieri 2001), with a score less than 24, the Barthel Index (Mahoney 1965), and an Instrumental Activities of Daily Living scale that indicated the loss of more than one activity of daily living. This defined states of 'possible post-stroke dementia' and 'no dementia'; these categories were then appraised by a neurologist using DSM-IV criteria. We felt the applicability of this two-stage process was uncertain, and the grading of unclear was maintained.

### Flow and timing



There was substantial attrition. The three studies had a baseline population of  $N = 626$ , 47% ( $N = 295$ ) of whom received the reference standard assessment at the first follow-up period, which ranged from three to six months, and 28% ( $N = 174$ ) of whom received the reference standard assessment at the final follow-up period, which ranged from one to three years.

All three studies were at high risk of bias for the domain of flow and timing. The longitudinal nature of the studies resulted in significant attrition, either due to death or loss to follow-up. Missing data for participants were an issue in all three studies.

## Reporting quality

Reporting quality tools exist for various study designs. STARDdem guidance is structured around key aspects of reporting that is required in test accuracy studies; reporting quality was described for each study using the STARDdem guidance (Appendix 4), which is presented in Appendix 7. Important limitations in reporting were the number, training, and expertise of the persons executing and reading the index tests and reference standard; blinding of the readers of the index test and reference standard, and how indeterminate results, missing data, and outliers of the index tests were handled.

## Findings

The included study characteristics are described in the [Characteristics of included studies](#), [Summary of findings 1](#), and [Summary of findings 2](#).

[Caratozzolo 2014](#) recruited 121 acute stroke inpatients, free of dementia at baseline, and assessed them for the presence of dementia at three months and one year of follow-up. IQCODE data were available at baseline for all included participants, 114 were assessed at three months, and 105 at one year, with all losses due to death in the intervening period. The prevalence of dementia was 25% at three months, and 35% at one year.

Using a cut-off of higher than 3.3, the IQCODE had a sensitivity of 0.86 (95%CI 0.67 to 0.96) and a specificity of 0.90 (95%CI 0.81 to 0.95) for the clinical diagnosis of dementia at three months, and a sensitivity of 0.84 (95%CI 0.68 to 0.94) and a specificity of 0.87 (95%CI 0.76 to 0.94) for the clinical diagnosis of dementia at one year.

[Henon 2001](#) recruited acute stroke inpatients, free of dementia at baseline, and assessed them for the presence of dementia at six

months, one year, two years, and three years of follow-up. From an initial sample of 169 individuals, there was significant attrition at each follow-up period, due to patient death and unwillingness for further assessment. At six months, 99 participants were assessed, 85 were assessed at one year, 65 were assessed at two years, and 69 participants were assessed at three years. Around 25% of the participants had died by the six-month follow-up; this rose to 38% by the three-year follow-up. When individuals were not assessed by the study neurologist, the authors used additional means of evaluating dementia status, including telephone contact with the general practitioner or family members. Prevalence of dementia was 26% at six months, 24% at one year, 20% at two years, and 16% at three years.

Using a cut-off of higher than 3.0, the IQCODE had a sensitivity of 0.77 (95%CI 0.56 to 0.91) and a specificity of 0.51 (95%CI 0.39 to 0.63) for the clinical diagnosis of dementia at six months, and a sensitivity of 0.75 (95%CI 0.51 to 0.91) and a specificity of 0.46 (95%CI: 0.34 to 0.59) at one year. At two years, the sensitivity was 0.85 (95%CI 0.55 to 0.98) and specificity was 0.46 (95%CI: 0.32 to 0.61), and at three years, the sensitivity was 0.82 (95%CI 0.48 to 0.98) and specificity was 0.38 (95%CI 0.26 to 0.52) for the clinical diagnosis of dementia.

[Krogseth 2011](#) recruited hip fracture inpatients and evaluated the effects of delirium on the risk of incident dementia at six-month follow-up. Data on the IQCODE assessment at baseline were missing for 25% (27/106) of included participants, leaving 82 who were assessed at baseline and at six months. Prevalence of dementia at follow-up was 12%.

Using a cut-off of higher than 3.12, the IQCODE had a sensitivity of 0.80 (95% CI 0.44 to 0.97) and specificity of 0.53 (95%CI 0.41 to 0.65) for the clinical diagnosis of dementia at six months. We did not perform meta-analyses to describe summary estimates of interest. In our protocol, we had pre-specified that more than three studies would be required for a meta-analysis to be valid. We were also mindful of the heterogeneity between the included studies, which described very different healthcare settings and patient populations. Had we found a larger number of studies, we could have pooled data and then investigated the effects of certain study characteristics on the accuracy of estimates, using meta-regression, however, with the modest number of studies in this review, such an analysis was not possible. In view of the heterogeneity between the three included studies, the lack of agreed threshold for IQCODE positivity, and lack of common follow-up, we were also unable to perform any of our pre-specified subgroup or sensitivity analyses.



## Summary of findings

Study ID	Country	Subjects Baseline (n)	at Mean Age (yrs)	IQCODE Version	Language	Dementia Diagno- sis	Dementia preva- lence at 1st follow-up n/as- sessed (%) Timing	Dementia Preva- lence at last fol- low-up n/assessed (%) Timing	Other Assessments
<a href="#">Caratozzolo 2014</a>	Italy	158	68.4 to 77.4	16-item	Italian	DSM-IV	28/114 (24.6) 3 months	37/105 (35.2) 12 months	BI; IADL; Itel- MMSE
<a href="#">Henon 2001</a>	France	202	≥ 40	26-item	French	ICD-10	26/99 (26.2) 6 months	11/69 (15.9) 3 years	MDRS, MADRS, MMSE
<a href="#">Krogseth 2011</a>	Norway	266	82.7	16-Item	Norwegian	DSM-IV	10/82 (12.2) 6 months	*	CAM, MMSE, CDT, ADL

Abbreviations: ADL- Activities in Daily Living; BI- Barthel Index; CAM- Confusion Assessment Method; CDT- Clock Drawing Test; DSM- American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders; IADL- Instrumental Activities of Daily Living; ICD- International Classification of Disease; Itel-MMSE- Italian version of MMSE; MADRS- Montgomery-Asberg Depression Rating Scale; MDRS- Mattis Dementia Rating Scale; MMSE- Mini-Mental State Examination.

\* only single time point of assessment

What is the accuracy of the Informant Questionnaire for Cognitive Decline in the Elderly (IQCODE) test for the early diagnosis of dementia when differing thresholds are used to define IQCODE positive cases?				
<b>Population</b>	Adults, free of dementia at baseline assessment, who were assessed using the IQCODE, some of who will develop dementia over a period of follow-up. The implication is that at the time of testing, the individual had a cognitive problem sufficient to be picked up on screening, but not yet meeting dementia diagnostic criteria			
<b>Setting</b>	We considered any use of IQCODE as an initial assessment for cognitive decline, and we did not limit studies to a particular healthcare setting. We operationalised the various settings where the IQCODE may be used as secondary care, primary care, and community			
<b>Index test</b>	Informant Questionnaire for Cognitive Decline in the Elderly (IQCODE), administered to a relevant informant. We restricted analyses to the traditional 26-item IQCODE and the commonly-used short form IQCODE with 16 items			
<b>Reference Standard</b>	Clinical diagnosis of dementia made using any recognised classification system			
<b>Studies</b>	We included cross-sectional studies but not case-control studies			
<b>Test</b>	<b>Summary accuracy (95% CI)</b>	<b>No. of participants (timeframe)</b>	<b>Dementia prevalence</b>	<b>Implications, Quality and Comments</b>
<b>IQCODE cut-off 3.0</b>	At six months: Sensitivity 0.77 (0.56 to 0.91) ; Specificity 0.51 (0.39 to 0.63) At one year: Sensitivity 0.75 (0.51 to 0.91) ; Specificity 0.46 (0.34 to 0.59) At two years: Sensitivity 0.85 (0.55 to 0.98) ; Specificity 0.46 (0.32 to 0.61) At three years: Sensitivity 0.82 (0.48 to 0.98) ; Specificity of 0.38 (0.26 to 0.52)	From 1 study: 99 (at 6 months) 85 (at 1 year) 65 (at 2 years) 69 (at 3 years)	26% (at 6 months) 24% (at 1 year) 20% (at 2 years) 16% (at 3 years)	Using three thresholds to define IQCODE test positivity, the IQCODE appeared to be relatively sensitive in diagnosing dementia at follow-up over 3 months to 3 years All included participants were hospitalised either for acute stroke or hip fracture. The findings could not be pooled and do not allow for recommendations for clinical practice
<b>IQCODE cut-off 3.12</b>	At six months: Sensitivity 0.80 (0.44 to 0.97) ; Specificity 0.53 (0.41 to 0.65)	From 1 study: 82 (at 6 months)	12% (at 6 months)	

<b>IQCODE cut-off 3.3</b>	<p>At three months: Sensitivity 0.86 (0.67 to 0.96); Specificity 0.90 (0.81 to 0.95)</p> <p>At one year: Sensitivity 0.84 (0.68 to 0.94); Specificity 0.87 (0.76 to 0.94)</p>	<p>From 1 study: 114 (at 3 months) 105 (at 1 year)</p>	<p>25% (at 3 months) 35% (at 1 year)</p>
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## DISCUSSION

### Summary of main results

Our review identified three heterogeneous studies, with follow-up evaluation of dementia at time points between three months and three years. The included studies all reported on patients at high risk of developing a cognitive syndrome due to either delirium or stroke.

The IQCODE was used at three thresholds of positivity (higher than 3.0, higher than 3.12, and higher than 3.3) to predict those at risk of a future diagnosis of dementia. Using the higher than 3.3 threshold, [Caratozzolo 2014](#) found a modest sensitivity with higher specificity for identifying those who would develop dementia at three months and one year of follow-up. For the lower thresholds of higher than 3.0 and higher than 3.12, used by [Henon 2001](#) and [Krogseth 2011](#) respectively, the IQCODE was again modestly sensitive, but lacked specificity. Test accuracy fell over time, with significant attrition of participants limiting the numbers available at follow-up, and the confidence intervals associated with the summary properties widening as a consequence.

Methods for excluding prevalent dementia at baseline were varied, and all had potential for bias. Defining pre-stroke dementia, based on a high IQCODE score, was not ideal for a study of IQCODE properties, albeit this was not the authors' main focus in this study ([Henon 2001](#)). Case-note review for a label of dementia was likely to miss a proportion with early dementia ([Caratozzolo 2014](#)). These approaches had the potential to bias the test accuracy results, as they may have falsely reduced or inflated the disease prevalence. The method of assessing for the reference standard was also varied, with [Henon 2001](#) using indirect assessments, including general practitioner data and telephone follow-up. Although this method sought to reduce losses to follow-up by using proxy information, it had the potential to dilute the quality and certainty of the reference standard assessment, which may have led to misclassification.

### Strengths and weaknesses of the review

#### Strengths and weaknesses of the included studies

Our risk of assessment of internal and external validity, using the QUADAS-2 tool, identified issues across many aspects of study design and conduct. This reflected both the methodological challenges of conducting cognitive studies with prospective follow-up and the challenges for reviewers of applying a quality assessment tool that is better suited to classical cross-sectional test accuracy reports.

All three studies recruited from secondary care inpatient settings, two with an acute stroke focus ([Caratozzolo 2014](#); [Henon](#)

[2001](#)), and the other describing cognition following hip fracture ([Krogseth 2011](#)). These were selected populations who had experienced physiological insult and brain injury (for the majority) and who were at high risk of subsequently developing dementia ([Bejot 2011](#); [Davis 2012](#)). This would increase the prevalence of our reference standard at follow-up and so limited the generalisability of the findings to other non-acute settings. We did not identify any studies that evaluated the performance of the IQCODE in identifying those who would go on to develop dementia without the presence of an acute event at the time of assessment.

To align with the delayed verification focus, clarifying dementia status at baseline was fundamental to the study design. There is no guidance on the preferred strategy for retrospectively assessing dementia status following a major insult such as stroke or fracture ([McGovern 2016](#)). The definition of pre-stroke dementia used by [Henon 2001](#), used the IQCODE in isolation and had more potential for bias than the clinical assessment method used by [Krogseth 2011](#). [Caratozzolo 2014](#) did not actively assess dementia at the time of first presentation, instead relying on individuals having an established diagnosis. This approach may have meant that individuals with undiagnosed dementia were included in the analysis, as it is known that dementia is under-diagnosed in those who present for acute hospital care ([Sampson 2009](#)).

The use of IQCODE varied across the studies. We note, in common with other IQCODE reviews, that availability of an informant was not guaranteed. This immediately created potential for bias as those with no available informant were likely to differ from those who had someone that could complete the IQCODE. The studies used IQCODE cut-offs that differed from those used to indicate probable dementia; this was appropriate, as the purpose of testing was not to diagnose contemporary dementia but to look at a future risk.

The choice of IQCODE cut-off used was interesting, with [Henon 2001](#) using any score above 3.0 (where 3.0 indicated no change over the last ten years). This may explain the high sensitivity but poor specificity of the tool. There is no guidance on a suitable cut-off if using the IQCODE to assess future risk of dementia, but we would assume that the threshold used would be lower than that used to define dementia. The cut-off of 3.3 used in [Caratozzolo 2014](#) has been used to define contemporaneous dementia in previous studies ([Harrison 2014](#); [Harrison 2015](#)). Whether the initial IQCODE was assessing for a pre-dementia state or was assessing for early undiagnosed dementia is debatable. The follow-up periods (in months) used in some of the studies seemed rather short to allow for the development of incident dementia. The 'natural history' of cognitive change following stroke and fracture are not well described ([Brainin 2015](#)), and this further limited the interpretation of our results. There is no consensus on the optimal time point to assess for progression of dementia. Although our review did not have an MCI focus, the MCI literature suggests that it can take several years for a substantial proportion of patients to 'convert' to dementia ([Ritchie 2015](#)). The population of inter-

est in this review had a dementia syndrome, but at a very early stage. Even if this population progressed at a faster rate than MCI converters, follow-up would still have to be in the order of years, rather than months. We pre-specified that we would assess for use of interventions that may impact on the usual cognitive trajectory. No studies gave this level of detail, but arguably, this was not an issue, since we currently have no evidence-based intervention that impacts meaningfully on cognitive decline.

The assessment of the reference standard, clinical diagnosis of dementia, also varied between studies. As with other reviews of IQCODE, we noted the possible biases from the incorporation of the index test (IQCODE) into the reference standard assessment. This bias may have been difficult to avoid, as our chosen reference standard, clinical assessment of dementia, is itself partly based on structured collateral history from an informant. The question around timing of assessment for our reference standard was equally challenging.

Although the follow-up was not particularly long, there was substantial attrition over time. This reflected the sampling frame; both stroke and fractured neck of femur are associated with short to medium-term mortality and institutionalisation. The loss to follow-up was unlikely to be random, and those at greatest risk of dementia were likely to be over represented in the population with no follow-up assessment. This explained the counterintuitive finding of decreasing prevalence of dementia over time in the study with the longest follow-up (Henon 2001). There is no consensus on how to deal with missing data in the context of competing risk for a delayed verification test accuracy design. However, this situation is likely to be common to other studies that look at the prospective development of dementia in an older adult cohort.

To allow a comprehensive assessment of the included studies, we complemented our QUADAS-2 review with an assessment of quality of reporting. We used a dementia-specific extension to STARD (STARDdem (Noel-Storr 2014)), but as our chosen papers were not framed as test accuracy studies per se, it was difficult to apply the STARDdem criteria. Accepting this caveat, our STARDdem assessment highlighted some limitations in reporting that seemed to be common to other dementia test accuracy studies. Lack of detail on how missing data, uninterpretable results, and losses to follow-up were accounted for in the papers was a concern, and we would urge greater detail and transparency around these issues for future studies.

### Strengths and weaknesses of the review process

The review benefits from a robust search methodology applied to a targeted population. This identified only three studies suitable for inclusion, none of which were primarily designed as diagnostic test accuracy studies. We would argue that this finding reflects a lack of research in this area, rather than an overly focused search strategy, as an equivalent search identified substantial numbers of studies assessing IQCODE's use in secondary care (Harrison 2015), and community settings (Quinn 2014).

We operated no exclusions with regard to study language or year of publication. As part of the suite of reviews describing IQCODE, we have contacted research teams with an interest in cognitive screening to check for unpublished or in press original data. Where reporting was not clear in the included manuscript, we contacted the study authors, who supplied additional details; this enabled us to include data from all three of the studies in this review.

The review is strengthened by the application of formal, dementia-specific tools for the assessment of methodological and reporting quality. We used QUADAS-2-based anchoring statements specifically developed for use with studies that have a cognitive index test or reference standard (Davis 2013). Our complementary assessment of reporting used the dementia-focused extension to standard guidelines STARDdem (Noel-Storr 2014). Although these tools were the most appropriate for our study question, they were primarily developed for cross-sectional test accuracy work, and we experienced some difficulty in aligning them with the delayed verification approach.

The delayed verification research design is frequently used in studies of dementia biomarkers, particularly those biomarkers that purport to define a pre-clinical stage of disease. In designing our suite of test accuracy reviews for IQCODE, we included the delayed verification design. With hindsight, delayed verification is difficult to operationalise with questionnaire-based cognitive testing. The complexity increases when considering IQCODE, a tool that is based on symptoms over the preceding ten years. Thus, we were describing the use of a retrospective assessment for assigning potential prospective disease status.

### Comparisons with previous research

This review forms part of a series of reviews describing informant-based cognitive screening tools. Other reviews describing IQCODE use in a primary care (Harrison 2014), community (Quinn 2014) or hospital context (Harrison 2015), are available. The heterogeneity of approaches used to define IQCODE positivity is in common with the previous reviews in the series.

We set a specific review question around IQCODE assessment in a population with no dementia. Other papers have used baseline IQCODE and prospective follow-up in different and perhaps more clinically meaningful ways. Jackson 2014, one of the studies excluded from this review, took an alternative approach to using the IQCODE as a tool for detecting dementia. This test accuracy study used the IQCODE at the time of acute hospital presentation for delirium and then re-evaluated individuals at three-month follow-up. This evaluation allowed for the exclusion of ongoing delirium and evaluation of the status of the individual following their acute admission, seeking to identify undiagnosed dementia. Using the IQCODE at a cut-off of higher than 3.65 offered the most favourable results (Jackson 2014).

## Applicability of findings to the review question

The delayed verification model in test accuracy has been developed to evaluate any test that suggests it can identify those who have preclinical dementia. This area of research is dominated by the desire to identify and define biomarkers of early disease, matched with an understandable desire to identify targets for therapeutic intervention to prevent or delay disease progression. Intuitively, it should hold that neuropsychological assessments, both direct and informant-based, should identify such individuals, although data in this area have been very limited. This review identified some of the key challenges in conducting such studies, primarily attrition over time, although in both cases, acutely unwell hospitalised older adults were the subjects, who may be more prone to early mortality. As a tool for delayed verification, the IQCODE has potential limitations, and may not be suited to detecting pre-clinical disease. In the included papers, it is debatable what the IQCODE is detecting. Although the papers describe excluding prevalent dementia, the assessment of dementia was not robust in all the studies and it is likely that patients with early (undiagnosed) dementia were included and 'conversion' to dementia at follow-up simply represented progression of the underlying disease. The included papers did not exclude participants with baseline MCI, who were also likely to make up a proportion of the 'convertors' to dementia. We specified a number of subgroup and sensitivity analyses of interest, but the limited data available precluded our progressing these. Questions remain around the potential differential properties of delayed verification when considering an insidious, progressive neurodegenerative process like Alzheimer's Disease dementia and major neurocognitive disorders that can have a more abrupt onset, such as vascular cognitive impairment.

## AUTHORS' CONCLUSIONS

### Implications for practice

The studies identified did not allow us to make specific recommendations on the use of the IQCODE for the early diagnosis of dementia in clinical practice. Indeed, it is debatable whether IQCODE is suited to this purpose. However, our review question was not irrelevant, as IQCODE is used in practice to predict future cognition in certain areas, such as acute stroke ([McGovern 2016](#)).

If IQCODE is to be used in this way, the limited available data suggest that it is sensitive but not sufficiently specific to inform clinical decision-making. In this situation, clinicians may wish to complement the IQCODE with another more specific baseline assessment, or they may wish to adopt a two-stage screening, with initial IQCODE testing and then further testing of all 'positive' cases with a more specific tool.

### Implications for research

The available evidence suggests that researching the IQCODE as a diagnostic tool for the delayed verification of dementia is challenging, with significant loss to follow-up over time affecting estimates of diagnostic accuracy. Future work must be explicit about this issue and how to deal with losses. This may require an assessment of the nature of reference standard assessment procedures, and whether comprehensive face-to-face assessment can be performed in all cases. The adequacy of alternative approaches, such as telephone assessment, would need to be established, given that the gold standard, clinical diagnosis of dementia, requires a multi-dimensional approach. An alternative approach may be the use of data linkage technology to ascertain diagnostic status over longitudinal follow-up. However, such approaches may be limited by the recording of dementia diagnosis on healthcare records and death certificates, which is known to be sub-optimal ([Romero 2014](#)), and the risk of missing those who have not yet received a formal diagnosis ([Bamford 2007](#)).

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\* Indicates the major publication for the study

## CHARACTERISTICS OF STUDIES

### Characteristics of included studies [ordered by study ID]

#### Caratozzolo 2014

Study characteristics			
Patient sampling	Inpatients hospitalised for acute stroke in an Italian hospital over an 8-month period		
Patient characteristics and setting	All inpatients admitted to the neurological clinic of an Italian hospital for a suspected acute cerebrovascular event were eligible for inclusion Participants were those who had: experienced an acute stroke, a diagnosis made by neurologists based on clinical symptoms and neuroimaging, and the availability of a reliable caregiver for each patient. Individuals known to have a diagnosis of dementia were excluded as were those experiencing a transient Ischaemic attack		
Index tests	IQCODE, 16-item, Italian language		
Target condition and reference standard(s)	Clinical diagnosis of dementia using DSM-IV criteria, diagnosed by a neurologist Assessment of reference standard not described in the abstract or original paper. In correspondence with authors, the assessment was conducted blinded to results of IQCODE		
Flow and timing	A total of 222 patients were evaluated, 64 of whom were excluded as they fulfilled the exclusion criteria or did not agree to participate in the study 158 were entered into the study, 37 of whom were diagnosed with having pre-stroke dementia and excluded, leaving 121 participants in the study At three months, 114 were assessed (five died during hospitalisation and two died during the follow-up period), and at one year, 105 were assessed (nine died between three- and twelve-month follow-up)		
Comparative			
Notes			
Methodological quality			
Item	Authors' judgement	Risk of bias	Applicability concerns
DOMAIN 1: Patient Selection			
Was a consecutive or random sample of patients enrolled?	No		
Was a case-control design avoided?	Yes		
Did the study avoid inappropriate exclusions?	Yes		

			Low
<b>DOMAIN 2: Index Test All tests</b>			
If a threshold was used, was it pre-specified?	Yes		
			Low
<b>DOMAIN 3: Reference Standard</b>			
Is the reference standards likely to correctly classify the target condition?	Yes		
			Unclear
<b>DOMAIN 4: Flow and Timing</b>			
Was there an appropriate interval between index test and reference standard?	Yes		
Were all patients included in the analysis?	No		

**Henon 2001**

<b>Study characteristics</b>	
Patient sampling	Consecutive sample admitted to the stroke unit, excluding those with pre-stroke dementia (defined as IQCODE > 104), over a 28-week period
Patient characteristics and setting	169 patients admitted to the acute stroke unit of a French university hospital. Participants were those experiencing an acute stroke, aged > 40 years, Caucasian, fluent French speakers who resided in the Lille community
Index tests	IQCODE 26-item, French language
Target condition and reference standard(s)	Clinical dementia diagnosis using ICD-10, applied at a diagnostic case conference that included the assessing neurologist and two specialist neuropsychologists, using data from neuropsychological testing or information from family or general practitioner, where formal testing was not possible, including a further IQCODE assessment
Flow and timing	258 potentially eligible patients at baseline, 56 of whom were excluded due to lack of informant or informant availability within 48 hours of stroke admission and 33 excluded due to the presence of

	pre-stroke dementia Follow-up was either a neurologist visit or telephone contact with the patient’s family or the patient’s general practitioner. Follow-up intervals were at 6 months, 1 year, 2 years, and 3 years post-event 65 died before the initial follow-up visit at 6 months and there was ongoing loss of participants; 127 at 6 months, 117 at 1 year, 111 at 2 years, and 104 at 3 years Not all recruited participants were prepared to be evaluated at follow-up; where this was the case, or they had died in the interval, information was obtained from their general practitioner or family, including an IQCODE assessment		
Comparative			
Notes			
Methodological quality			
Item	Authors’ judgement	Risk of bias	Applicability concerns
DOMAIN 1: Patient Selection			
Was a consecutive or random sample of patients enrolled?	Yes		
Was a case-control design avoided?	Yes		
Did the study avoid inappropriate exclusions?	Yes		
			Low
DOMAIN 2: Index Test All tests			
If a threshold was used, was it pre-specified?	Yes		
			Low
DOMAIN 3: Reference Standard			
Is the reference standards likely to correctly classify the target condition?	No		
			High
DOMAIN 4: Flow and Timing			
Was there an appropriate interval between index test and ref-	Yes		



**Henon 2001** (Continued)

reference standard?			
Were all patients included in the analysis?	No		

**Krogseth 2011**

Study characteristics			
Patient sampling	Hip fracture patients admitted to two Norwegian hospitals over a one-year period		
Patient characteristics and setting	106 patients who were admitted acutely with a hip fracture and operated on in two Norwegian hospitals. Eligibility was based on being over 65 years old, able to speak Norwegian, and length of stay > 48 hours. Exclusions were made for those with severe aphasia, head trauma, terminal illness, and prior inclusion in the study		
Index tests	IQCODE-16 item, Norwegian		
Target condition and reference standard(s)	<p>An assessment of clinical diagnosis of dementia using DSM-IV criteria was made at two points during the study, at baseline and at six-month follow-up. The diagnosis was made by two study clinicians (one specialist in geriatric medicine and one specialist in geriatric psychiatry)</p> <p>At baseline, data were extracted from the participants' medical records for evidence of previous cognitive testing, hypothyroidism and B12 deficiency, and brain imaging. These data were combined with admission MMSE and CDT results and the pre-fracture IQCODE from their caregiver</p> <p>At 6-month follow-up, diagnosis was made using the results of cognitive testing, informant information about change in cognitive function post-fracture, and the report of the assessing physician. The assessing physician had made home visits for all included participants, conducting structured interviews and comprehensive cognitive testing</p>		
Flow and timing	<p>266 eligible patients, 92 of whom were lost to follow-up at six months (47 died, 35 declined, 2 moved, and 8 were participating in competing study). A further 65 were excluded as they were diagnosed with pre-fracture dementia, and 3 in whom pre-fracture cognition could not be assessed, leaving 106 participants with assessment at six months</p> <p>Not all of the included participants had available data for a baseline IQCODE (index test assessment) , 27 were missing</p>		
Comparative			
Notes			
Methodological quality			
Item	Authors' judgement	Risk of bias	Applicability concerns
DOMAIN 1: Patient Selection			

**Krogseth 2011** (Continued)

Was a consecutive or random sample of patients enrolled?	Unclear		
Was a case-control design avoided?	Yes		
Did the study avoid inappropriate exclusions?	Yes		
			<b>Low</b>
<b>DOMAIN 2: Index Test All tests</b>			
If a threshold was used, was it pre-specified?	No		
			<b>Low</b>
<b>DOMAIN 3: Reference Standard</b>			
Is the reference standards likely to correctly classify the target condition?	Yes		
			<b>High</b>
<b>DOMAIN 4: Flow and Timing</b>			
Was there an appropriate interval between index test and reference standard?	Yes		
Were all patients included in the analysis?	No		

IQCODE = Informant Questionnaire on Cognitive Decline in the Elderly

DSM-IV = Diagnostic and Statistical Manual of Mental Disorders, 4th Edition

ICD-10 = International Statistical Classification of Diseases and Related Health Problems, 10th revision

MMSE = Mini-mental State Examination

CDT = Clock Drawing Test

## Characteristics of excluded studies *[ordered by study ID]*

Study	Reason for exclusion
<a href="#">Abreu 2008</a>	not delayed verification
<a href="#">Blackburn 2013</a>	data not suitable for analysis
<a href="#">Bloomfield 2012</a>	wrong study design
<a href="#">Bosboom 2013</a>	wrong study design
<a href="#">Burke 2014</a>	no original data
<a href="#">Burton 2015</a>	review article
<a href="#">Butt 2008</a>	data on fewer than 10 subjects
<a href="#">Bystad 2013</a>	review article
<a href="#">Cherbuin 2008</a>	no new data
<a href="#">Cherbuin 2012</a>	no original data
<a href="#">Cruz-Orduna 2012</a>	no delayed verification
<a href="#">de Jonge 1997</a>	data not suitable for analysis
<a href="#">Dekkers 2009</a>	data not suitable for analysis
<a href="#">Diefeldt 2007b</a>	no new data
<a href="#">Ehrensperger 2010</a>	data not suitable for analysis
<a href="#">Eramudugolla 2013</a>	wrong study design
<a href="#">Farias 2002</a>	unsuitable reference standard
<a href="#">Finneli 2009</a>	data not suitable for analysis
<a href="#">Fuh 1995</a>	case-control study
<a href="#">Garcia 2002</a>	not delayed verification
<a href="#">Girard 2014</a>	unsuitable reference standard
<a href="#">Goncalves 2011</a>	not delayed verification
<a href="#">Hancock 2009</a>	not delayed verification

(Continued)

Harwood 1997	not delayed verification
Hayden 2003	data on fewer than 10 subjects
Hollands 2015	unsuitable reference standard
Isella 2002	data not suitable for analysis
Isella 2006	case-control design
Jackson 2014	no delayed verification
Jorm 1988a	not delayed verification
Jorm 1989	data not suitable for analysis
Jorm 1991	not delayed verification
Jorm 1994	not delayed verification
Jorm 1996A	unsuitable reference standard
Jorm 1997	no new data
Jorm 2000	unsuitable reference standard
Jorm 2000a	not delayed verification
Jorm 2003	no new data
Jorm 2004	no new data
Kathriarachchi 2001	not delayed verification
Khachaturian 2000	data not suitable for analysis
Knaefelc 2003	not delayed verification
Larner 2010	two types of dementia rather than dementia versus no dementia
Larner 2013	review article
Law 1995	not delayed verification
Li 2012	unsuitable reference standard
Lin 2013	review article

(Continued)

Louis 1999	case-control design
Mackinnon 1998	not delayed verification
Mackinnon 2003	not delayed verification
Mimori 2000	no new data
Morales 1995	not delayed verification
Morales 1997a	not delayed verification
Morales 1997b	not delayed verification
Morales-Gonzalez 1992	not delayed verification
Mulligan 1996	not delayed verification
Narasimhalu 2008	not delayed verification
Ozel-kizel 2010	not delayed verification
Peroco 2009	not delayed verification
Potter 2009	data not suitable for analysis
Razavi 2011	not delayed verification
Ritchie 1992	data not suitable for analysis
Rodriguez-Molinero 2010	unsuitable reference standard
Rovner 2012	data not suitable for analysis
Sanchez 2009	unsuitable reference standard
Schofield 2006	data not suitable for analysis
Senanorong 2001	not delayed verification
Sikkes 2010	not delayed verification
Siri 2006	not delayed verification
Srikanth 2006	not delayed verification
Starr 2000	unsuitable reference standard

(Continued)

<a href="#">Tang 2003</a>	not delayed verification
<a href="#">Thomas 1994</a>	not delayed verification
<a href="#">Tokuhara 2006</a>	not delayed verification
<a href="#">Wiederholt 1999</a>	data not suitable for analysis
<a href="#">Wolf 2009</a>	unsuitable reference standard
<a href="#">Yamada 2000</a>	not delayed verification
<a href="#">Zevallos-Bustamente 2003</a>	not delayed verification
<a href="#">Zhang 2003</a>	data not suitable for analysis
<a href="#">Zhou 2002</a>	not delayed verification
<a href="#">Zhou 2003</a>	no new data
<a href="#">Zhou 2004</a>	no new data

## DATA

Presented below are all the data for all of the tests entered into the review.

### Tests. Data tables by test

Test	No. of studies	No. of participants
1 IQCODE any threshold prediction of dementia at three months	1	114
2 IQCODE any threshold prediction of dementia at 6 months	2	181
3 IQCODE any threshold prediction dementia at 12 months	2	190
4 IQCODE any threshold prediction of dementia at two years	1	65
5 IQCODE any threshold prediction on dementia at three years	1	69

## CONTRIBUTIONS OF AUTHORS

JKH drafted the initial manuscript and assisted with data extraction, quality assessment, and analysis.

DJS and RM provided supervision and input to the protocol and review.

ANS assisted with the search strategy and searching, and provided input to the protocol and review.

RSS-P assisted with data extraction, quality assessment, and analysis.

TJQ drafted the protocol, and assisted with searching, data extraction, quality assessment, and analysis.

## DECLARATIONS OF INTEREST

No relevant disclosures or conflicts of interest for the content of this review.

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## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

Quantitative analysis and planned sensitivity analyses were not possible due to the heterogeneity of the included studies.